

Approximate Time Schedule							
Event	League	Time		Event	League	Time	
Girls 4 x 100	Heat 1	12:00		Girls 800	Heat 1	2:56	
	Heat 2	12:03			Heat 2	3:00	
	Heat 3	12:06			Heat 3	3:04	
	Heat 4	12:09			Boys 800	Heat 1	3:08
	Heat 5	12:12				Heat 2	3:12
Boy 4 x 100	Heat 1	12:15			Heat 3	3:16	
	Heat 2	12:18			Heat 4	3:20	
	Heat 3	12:21		Girls 300H	Heat 1	3:09	
	Heat 4	12:24			Heat 2	3:12	
	Heat 5	12:27			Heat3	3:15	
Girs 1600	Heat 1	12:31			Heat 4	3:18	
	Heat 2	12:39		Boys 300H	Heat 1	3:24	
	Heat 3	12:47			Heat 2	3:27	
Boys 1600	Heat 1	12:54			Heat 3	3:30	
	Heat 2	1:01			Heat 4	3:33	
	Heat 3	1:08		Girls 200	Heat 1	3:38	
Girls 100h	Heat 1	1:18			Heat 2	3:41	
	Heat 2	1:21		Heat 3	3:44		
	Heat 3	1:24		Heat 4	3:47		
Boys 110h	Heat 4	1:27		Boys 200	Heat 1	3:50	
	Heat 1	1:36			Heat 2	3:53	
	Heat 2	1:39			Heat 3	3:56	
	Heat 3	1:42			Heat 4	3:59	
	Heat 4	1:45			Heat 5	4:02	
Girls 400	Heat 1	1:52		Girls 3200	Heat 1	4:06	
	Heat 2	1:55			Heat 2	4:20	
	Heat 3	1:58		Boys 3200	Heat 1	4:34	
	Heat 4	2:01			Heat 2	4:47	
	Heat 5	2:04			Girls 4 x 400	Heat 1	5:01
Boys 400	Heat 1	2:07		Heat 2		5:07	
	Heat 2	2:10		Heat 3		5:13	
	Heat 3	2:13		Heat 4		5:19	
	Heat 4	2:16		Boys 4 x 400		Heat 1	5:25
	Heat 5	2:19			Heat 2	5:31	
Girls 100	Heat 1	2:27			Heat 3	5:37	
	Heat 2	2:30			Heat 4	5:43	
	Heat 3	2:33			Heat 5	5:49	
	Heat 4	2:36					
	Boys 100	Heat 1	2:39				
Heat 2		2:42					
Heat 3		2:45					
Heat 4		2:48					
Heat 5		2:51					