**Big Bear XC Camp**

**July 29-August 2**

\*Meet at BOHS at 8:50am in the gym parking lot.  We will depart at 9:30am.

\*\*\*\***COME IN YOUR RUNNING CLOTHES!**

We will check into our cabin before our 1st run.

.

39076 Waterview Drive

Big Bear, Ca 92315

We will return on Friday, August 2nd, arriving at BOHS between noon and 1:00pm.

Running Shoes (2 pairs if you have them)

Running Clothes (for 8 runs--shoes/socks/shorts/shirts/sports bras)

Casual clothes for when we are not running (shorts/jeans/shirts/underwear)

Sweatshirts and sweatpants

Bathing Suit

Beach towel and bath towel

Shoes/sandals (that you do not run in)

A big refillable water bottle

Lip balm

Sunblock

Summer homework or book

Spending money (plus bowling night money) ($30-50)

Toiletries (toothbrush/toothpaste/shampoo/soap/brush/etc.)

Hair ties

RUNNING WATCH

(Bedding will be provided-but may want an extra pillow or sleeping bag)

(extra toilet paper)

A great attitude!